

Punjene paprike

STUFFED PEPPERS IN TOMATO SAUCE



Ingredients

5 or 6 small peppers

for stuffing
300 g mixed minced meat (pork and beef)
60 g rice
1 egg
1 small onion
1 clove of garlic
parsley and basil
salt and pepper

for tomato sauce 500 ml tomato sauce 250 ml water 2 small carrots (optional) some basil leaves 2 tablespoons olive oil salt and a pinch of sugar Wash the peppers and empty them.

Prepare the filling by mixing the minced meat with rice, onion and garlic chopped, the egg and minced basil and parsley. Salt and pepper.

Fill the peppers.

Put the tomato sauce, water, oil, salt and sugar in a pot. You can also add carrots and basil leaves. Dip the peppers and reach the boil.

Cook on slow fire with the lid for an hour and a quarter. If the sauce narrows too much add a little water.

Serve with patatoes or mashed potatoes.

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